

Upgrade Program Transportation Plan

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Introduction

This document is part of a series of upgrade plans for every [area](#) of your life. It's broadly designed for a single, middle-class, 30-something living in a major city in a developed country.

Please go to "File" > "Make a copy" and make a copy of it for yourself. Then fill it out section by section according to your particular needs and circumstances. Perhaps add sections or items, delete them, change the order, and so on.

Your aim should be to make the plan as applicable and useful to you as possible. You should not follow the plan blindly—think it through for yourself.

Note that this process might be challenging. You might need to teach yourself things you aren't very knowledgeable about yet. You might feel like you need to do preliminary work in a different life area first. That's okay. Figure out broadly what makes sense for you, operationalize that understanding as specific actions in the [Actions](#) section, and then do them.

If it feels overwhelming, just start with the parts you find most valuable and do what you can. Tackle the rest over time. It may also help to set aside a dedicated [day](#) to work exclusively on this by yourself or with friends. Or you may choose to enlist an [UP Coach](#) to co-design and execute this plan alongside you.

Epistemic Status

This is an overview of how confident the principal [author](#) is in this plan.

- Generally moderate confidence in this plan
- Based on 30+ years of experience using public transportation, personal or rented vehicles, 15+ years of considerable air and train travel, and 30+ hours of research on transportation tools

Objectives

Decide what objectives you have with this plan and rank them in order of importance. Below are some sample objectives.

1. Determine all of your current transportation needs
2. Secure all of your transportation methods (e.g., vehicles, apps, public transportation access cards, etc.)
3. Map out the fastest and most cost-effective routes to travel to and from your most frequented places

Metrics

Decide what metrics you will use to evaluate the effectiveness of this plan. Also include the frequency in which you'll evaluate those metrics. For example, ad hoc, once, hourly, daily, weekly, monthly, quarterly, annually or per decade. Below are some sample metrics.

- Transportation Rating: How would you rate your use of transportation overall on a 1-10 scale?
- Comfort Rating: How would you rate your transport comfort on a 1-10 scale?
- Safety Rating: How would you rate your transport safety on a 1-10 scale?
- Environmental Rating: How environmentally-friendly are your transportation methods on a 1-10 scale?
- Annual Hours Spent in Transit
- Annual Transportation Costs
- Annual Carbon Footprint from Transportation

Values

List all of your relevant values and rank them in order of importance. Below are some sample values.

1. Safety
2. Time
3. Cost
4. Environmental impact
5. Comfort

Value Analysis

List and then analyze all of the costs and benefits of this plan. Potentially also estimate expected value, cost-benefit, return on investment, and/or net present value.

- Time costs: 1 - 100 hours
- Financial costs: \$0 - \$10,000,000 dollars (e.g., vehicles, chauffeurs, rideshare drivers, planes, boats, etc.)
- Benefits: \$X for potentially large objective or subjective benefits

Strategies

Decide on your high-level strategies for achieving your objectives. Below are some sample strategies.

Key People

- Do the work on your own
- Outsource some of the work to experts (e.g., chauffeurs, bus drivers, etc.)
- Outsource some of the work to assistants

Key Timings

- Make incremental progress every day until you have reached your goals
- Make as much progress as you can over a set period (e.g., one month, six months or one year)
- Intensively invest resources until you have reached your goals

Approaches

- Buy personal vehicle(s)
- Use public transportation
- Use on-demand transportation services
- Live, work, and play in a centralized location to simplify transportation needs
 - Work from home
 - Live in a collective, campus, or similar

Actions

List the specific actions you will take to achieve your objectives. You should add these tasks to your project management system unless you are choosing to do them now.

1. Describe your [mental model](#) of personal transportation
 - a. Create a visual representation of it from memory without referencing this plan or outside sources of information
 - b. Create a new visual representation after thoroughly studying this plan and any relevant sources of information
 - c. Pay special attention to the improvements in the second version as incorporating those new insights may be crucial to the success of your plan
2. Finish every section of this plan, including the [assessments](#), [tools](#), and [resources](#) below
3. Map out all of your [transportation needs](#) below
4. Secure all of your transportation tools (e.g., vehicles, apps, public transportation access cards, etc.)
5. Map out your fastest and most cost-effective [travel routes](#) below

Transportation Mapping

Transportation Options

List all of the options you have and/or will need to fulfill your transportation needs.

- Optimize transportation in living area
 - Consider walking
 - Consider using public transportation
 - Consider using a car
 - Consider ride-sharing options
 - Consider carpooling options
 - Consider self-driving car options
 - Consider owning a car
 - Consider hiring a driver
 - Consider using a bicycle
 - Consider using a self-balancing scooter
 - Consider using a motorcycle
 - Consider using a helicopter charter service
- Optimize international travel
 - Consider traveling by train
 - Consider traveling by bus
 - Consider bus charter services
 - Consider public buses
 - Consider traveling by boat
 - Consider public boats
 - Consider cruise ships
 - Consider ocean liners
 - Consider ferries
 - Consider speed boats
 - Consider private boats
 - Consider hiring a yacht company
 - Consider renting a yacht
 - Consider owning a yacht
 - Consider traveling by plane
 - Consider public flights
 - Compare airlines
 - Consider seating class options
 - Consider private flights
 - Consider air charter services
 - Consider renting a jet
 - Consider owning a jet

Travel Routes

Determine your most commonly used travel routes. Analyze them to see if you can create faster, safer, and/or better routes.

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Schedule

Decide on which days you will take which actions. You should add these dates to your calendar now.

- [Date]: Finalize plan
- [Dates]: Execute plan
- [Dates]: Review plan's outcomes

Predictions

Predict how well you will do in achieving your objectives.

- [Name]: I predict with [X]% confidence that I will [Y] by [Z].
- [Team Member's Name]: I predict with [X]% confidence that [Name] will [Y] by [Z].
- [Team Member's Name]: I predict with [X]% confidence that [Name] will [Y] by [Z].

- Combined: We predict with an average [X]% confidence that [Name] will [Y] by [Z].

Outcomes

Objectively record how well you achieved your objectives.

- [Date #1]: [Outcomes]
- [Date #2]: [Outcomes]
- [Date #3]: [Outcomes]
- [Date #4]: [Outcomes]
- [Date #5]: [Outcomes]
- [Date #6]: [Outcomes]
- [Date #7]: [Outcomes]
- [Date #8]: [Outcomes]
- [Date #9]: [Outcomes]
- [Date #10]: [Outcomes]

Assessments

List all of the assessments you might take to understand how you're doing compared to your objectives.

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Tools

List all of the tools you might use to achieve your objectives. Below are some sample tools.

- [Agoda](#)
- [Air charter](#)
- [Airline](#)
- [Airplane](#)
- [Bicycle](#)
- [Bla Bla Car](#)
- [Boat](#)
- [Bookaway](#)
- [Bus](#)
- [Car](#)
- [Carpool](#)
- [Conquest Knight XV SUV](#)
- [Cruise ships](#)
- [Dash camera](#)
- [Ferry](#)
- [Getaround](#)
- [Google Maps](#)
- [Helicopter](#)
- [Kayak](#)
- [Klook](#)
- [Lyft](#)
- [Motorcycle](#)
- [Ocean liner](#)
- [Planet Express](#)
- [Private jet](#)
- [Public transport](#)
- [Self-balancing scooter](#)
- [Self-driving car](#)
- [Skyscanner](#)
- [Train](#)

- [Trip.com](#)
- [Tripadvisor](#)
- [Uber](#)
- [UP Actions](#)
- [UP Assessments](#)
- [UP Curriculum](#)
- [UP Tools](#)
- [Waze](#)
- [Yacht](#)

Resources

List all of the resources you might use to achieve your objectives.

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Notes

Add any random thoughts, questions, uncertainties, etc.

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